## **Food Preferences**

	Question text	Data estion text Type Response Format						
Code			n for choosing to eat what	Flow control				
	·		and environmental factors					
	-	_	they are related with food					
	intake and health outcom		•					
			people embrace a healthier					
INTRO	lifestyle.							
	UK Biobank provides a un							
	food preferences. We hop							
	l -		you have provided to gain					
	a deeper understanding o							
	preferences, and their rel To help you as you work y							
	Click or tap the button to	•	ough the questionnaire.					
	After selecting an answer		' button to expand the					
	selection again. [statement		-					
	version]			Go to Alntro				
			each page (see below) will	GO to Amitio				
	indicate how far you are t	_	•					
	This questionnaire is part completed by the person							
	person who logged into t							
Section A - CHE		по раниор						
		Data						
Code	Question text	Type	Response	Flow control				
Alntro	First, we need to check a	few things.						
			0 10 1 / 161	Go to A1				
	Please confirm your	Selection	01 = January	Go to A1				
	Please confirm your month and year of birth		02 = February	Go to A1				
			02 = February 03 = March	Go to A1				
			02 = February 03 = March 04 = April	Go to A1				
			02 = February 03 = March	Go to A1				
			02 = February 03 = March 04 = April 05 = May 06 = June 07 = July	Go to A1				
Λ1			02 = February 03 = March 04 = April 05 = May 06 = June 07 = July 08 = August	gnt				
A1			02 = February 03 = March 04 = April 05 = May 06 = June 07 = July 08 = August 09 = September	Go to A2				
A1			02 = February 03 = March 04 = April 05 = May 06 = June 07 = July 08 = August 09 = September 10 = October	gnt				
A1			02 = February 03 = March 04 = April 05 = May 06 = June 07 = July 08 = August 09 = September 10 = October 11 = November	gnt				
A1			02 = February 03 = March 04 = April 05 = May 06 = June 07 = July 08 = August 09 = September 10 = October	gnt				
A1		Selection	02 = February 03 = March 04 = April 05 = May 06 = June 07 = July 08 = August 09 = September 10 = October 11 = November 12 = December	gnt				
A1		Selection	02 = February 03 = March 04 = April 05 = May 06 = June 07 = July 08 = August 09 = September 10 = October 11 = November 12 = December Allows selection of an	gnt				
A1		Selection	02 = February 03 = March 04 = April 05 = May 06 = June 07 = July 08 = August 09 = September 10 = October 11 = November 12 = December Allows selection of an integer between 1934	gnt				
A1		Selection	02 = February 03 = March 04 = April 05 = May 06 = June 07 = July 08 = August 09 = September 10 = October 11 = November 12 = December Allows selection of an integer between 1934 and 1971 01 = Male	gnt				
	month and year of birth  Please confirm your sex	Selection  Selection	02 = February 03 = March 04 = April 05 = May 06 = June 07 = July 08 = August 09 = September 10 = October 11 = November 12 = December Allows selection of an integer between 1934 and 1971  01 = Male 02 = Female	Go to ACLOSE				
A2	month and year of birth	Selection  Selection	02 = February 03 = March 04 = April 05 = May 06 = June 07 = July 08 = August 09 = September 10 = October 11 = November 12 = December Allows selection of an integer between 1934 and 1971  01 = Male 02 = Female	Go to ACLOSE  Where participant				
	month and year of birth  Please confirm your sex	Selection  Selection	02 = February 03 = March 04 = April 05 = May 06 = June 07 = July 08 = August 09 = September 10 = October 11 = November 12 = December Allows selection of an integer between 1934 and 1971  01 = Male 02 = Female	Go to ACLOSE				

		INTROrestart will display
ACLOSE	Now let's start the questionnaire.	Will display on all newly started
7.02032	The mice of start time questioninance.	questionnaires Go to BINTRO

## **Section B**

On a scale from **1** (extremely dislike) to **9** (extremely like), please rate how much you LIKE each presented item.

The more you like the item the higher you should rate it. The less you like the item, the lower you should rate it. If you are unfamiliar with any of the foods or haven't tried any of the activities please select "Never tried".

You will notice that some of the items are not food related. It is very important to us that you respond to these items using the same parameters as you use for foods.

Please remember that we would like you to report how much you like each food or activity NOT how many time you eat each food or undertake each activity.

many time you eat each roou	1 Extremely dislike	2	3	4	5	6	7	8	9 Extremely like	Never tried	Prefer not to answer
Adding salt to foods	$\circ$	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$
Aniseed		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	$\bigcirc$
Apple juice	0	0	$\bigcirc$	0	$\circ$						
Apples	0	$\bigcirc$	0	$\bigcirc$							
Asparagus	0	$\bigcirc$	0	$\bigcirc$							
Aubergine	0	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	$\circ$
Avocados		0	0	$\circ$	0	0	$\circ$	$\bigcirc$	0	0	0
Bacon	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Baked/steamed fish	0	$\bigcirc$		0	0						
Bananas	0	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	0	0	$\bigcirc$	0	0	0
Barbequed or grilled meat	0	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	0	0	0
Beef steak	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$		0	$\bigcirc$
Beetroot	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	$\bigcirc$
Bell pepper	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	$\bigcirc$
Bicycling	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	$\bigcirc$
Biscuits	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$
Bitter foods	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	$\bigcirc$
Bitter/ale	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	$\bigcirc$
Black olives	$\circ$	$\bigcirc$	0	$\circ$							
Black pepper	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$	$\circ$
Blue cheese	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	$\circ$
Bolognese sauce	0	0	0	0	0	0	0	0	0	$\circ$	0
Broad beans	0	0	0	0	0	0	0	0	0	$\circ$	0
Broccoli	0	0	0	0	0	0	0	0	0	$\circ$	0
Brown rice	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$	0
Brussel sprouts	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	0	$\circ$
Burgers (meat)	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	0	$\circ$
Burn of spicy foods	0	0	0	0	$\bigcirc$	0	0	$\bigcirc$	0	0	0

Butter on bread	0			$\bigcirc$					0	0	0
Butternut squash	0	0	0	0	0	0	0	0	0	0	0
Cabbage	0	0	0	0	0	0	0	0	0		0
Cake	0	0	0	0	0	0	0	0	0		0
	_						-			0	
Cake icing	0	0	0	0	0	0	0	0	0		0
Capers	0	0	0	0	0	0	0	0	0	0	0
Cauliflower	0	0	0	0	0	0	0	0	0	0	0
Cereal/granola bar	0	0	0	0	0	0	0	0	0	0	0
Cheesecake	0	0	0	0	0	0	0	0	0	0	0
Cherries	0	0	0	0	$\circ$	0	0	0	0	$\circ$	0
Chicken	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	0	$\circ$	0
Chilli pepper	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0
Chips/French fries	0	$\circ$	$\circ$	$\circ$	$\circ$	0	$\circ$	$\circ$	0	0	$\circ$
Cigarette smoking	$\circ$	$\circ$	0	0	0	0	0	0	0	0	0
Cod	0	0	0	0	0	0	0	0	0	0	0
Coffee with sugar	0	$\circ$	0	0	0	0	0	0	0	0	0
Coffee without sugar	0	$\circ$	0	0	0	0	0	$\circ$	0	0	0
Coriander	0	O	0	Ō	0	Ō	Ō	0	0	0	Ö
Corn flakes	0	O	0	Ō	0	Ō	Ō	0	0	0	Ö
Cream	0	O	0	Ō	0	Ō	Ō	0	0	0	0
Croissant	0	Ō	Ō	0	0	Ō	Ō	Ō	0	0	0
Cucumber	0	0	0	0	0	0	0	0	0	0	0
Curry	0	0	0	0	0	0	0	0	0	0	0
Dairy products	0	0	0	0	0	0	0	0	0	0	0
Dark chocolate	0	0	0	0	0	0	0	0	0	0	0
Diet fizzy drinks	0	O	0	Ō	0	Ō	Ō	0	0	0	Ö
Dried fruit	0	0	Ō	0	0	Ō	0	Ō		0	10
Eggs	0	$\circ$	0	0	0	0	0	0		0	
Exercising alone	0	Ō	O	Ō	0	0	0	0		0	0
Exercising with others	0	0	0	Ō	0	0	Ō	Ō	0	0	0
Extra virgin olive oil	0	O	0	Ō	0	0	Ō	Ō	0	0	0
Fatty foods	0	0	Ō	0	O	Ō	Ō	Ō	0	0	0
Fresh tomatoes	0	Ō	0	0	0	Ō	0	Ō	0	0	0
Fried chicken	0	Ō	Ō	0	O	Ō	0	Ō	0	0	0
Fried/battered fish	0	0	0	0	0	0	0	0	0	0	0
Fruit	0	0	0	0	0	0	0	0	0	0	0
Garlic	0	0	0	0	0	0	0	0	0	0	0
Gherkins	0	0	0	0	0	0	0	0	0	0	0
Globe artichoke	0	0	0	0	0	0	0	0	0		0
Goat's cheese	0	0	0	0	0	0	0	0	0		0
Going to a café	0	0	0	0	0	0	0	0	0		0
Going to the gym	0	0	0	0	0	0	0	0	0	0	0
Going to the gym	_	0	0							0	
	0			0	0	0	0	0	0		0
Grapefruit	0	0	0	0	0	0	0	0	0	0	0
Green olives	0	0	0	0	0	0	0	0	0	0	0
Haddock	$\circ$	$\bigcirc$	$\circ$	$\circ$	$\bigcirc$	$\circ$	$\circ$	$\circ$	0	0	0

Ham	0							0	0	$\bigcirc$	0
Hard cheese	0	0	0	0	0	0	0	0	0		0
Herring	0	0	0	0	0	_	0	0	0	0	0
Honey	0	0			0	0	0	0	0	0	0
•			0	0		0	<del></del>				
Horseradish/wasabi	0	0	0	0	0	0	0	0	0	0	0
Ice cream	0	0	0	0	0	0	0	0	0	0	0
Jam	0	0	0	0	0	0	0	0	0	0	0
Kiwi fruit	0	0	0	0	0	0	0	0	0	0	0
Lager	0	0	0	0	0	0	0	0	0	0	0
Lamb	0	0	0	0	0	0	0	0	0	0	0
Lemons	0	0	0	0	0	0	0	0	0	0	0
Lentils/beans	0	0	0	0	0	0	0	0	0	0	0
Liver	0	0	0	0	0	0	0	0	0	0	0
Mackerel	0	0	0	0	0	0	0	0	0	$\circ$	0
Marzipan	0	$\circ$	0	0	0	0	0	0	0	$\circ$	0
Mayonnaise	0	0	0	0	0	0	0	0	0	$\circ$	0
Melon	$\circ$	0	$\circ$	$\circ$	$\circ$	0	0	$\circ$	0	$\circ$	0
Milk chocolate	$\circ$	$\circ$	$\bigcirc$	$\circ$	$\circ$	$\circ$	0	$\bigcirc$	$\circ$	$\bigcirc$	$\circ$
Mushrooms	0	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	0	0
Onions	0	0	0	0	0	0	0	$\circ$	0	0	0
Orange juice	0	0	0	0	0	0	0	$\circ$	0	0	0
Oranges	0	0	0	0	0	0	0	$\circ$	0	0	0
Pasta	0	0	0	0	$\bigcirc$	0	0	$\circ$	0	$\circ$	0
Pears		0	$\bigcirc$	0	0	0	0	0	$\circ$	$\circ$	0
Pizza	0	0	0	0	0	0	0	$\circ$	$\circ$	0	0
Plain yogurt	0	0	0	0	0	0	0	$\circ$	$\circ$	0	0
Plums	0	0	0	0	0	0	0	0	0		10
Pollock	0	0	0	0	0	0	0	0	0	0	0
Pork chop	$\circ$	0	0	0	0	0	0	0		0	
Porridge	$\circ$	0	0	0	0	0	0	0	0	0	0
Potato crisps	0	0	0	0	0	0	0	$\circ$	0	$\circ$	0
Potatoes	$\circ$	0	0	0	0	0	0	$\circ$	$\circ$	0	0
Prawns	0	0	0	0	0	0	0	$\circ$	0	$\circ$	0
Raw carrots	0	0	0	0	0	0	0	$\circ$	0	$\circ$	0
Red meat	0	0	0	0	0	0	0	0	0	$\circ$	0
Red wine	0	0	0	0	0	0	0	$\bigcirc$	0	0	0
Regular (non-diet) fizzy drinks	0	0	0	0	0	0	0	$\bigcirc$	0	0	0
Roast chicken	0	0	0	0	0	0	0	0	0	0	0
Salad dressing	0	Ō	0	0	0	Ō	Ō	0	0	0	0
Salad leaves	0	O	0	Ō	Ō	O	Ō	Ō	0	0	0
Salami	0	O	0	0	Ō	Ō	0	Ō	0	0	0
Salmon	0	0	0	0	0	0	0	0	0	0	0
Salty foods	0	0	0	0	0	0	0	0	0	0	0
Salty pretzels	0	0	0	0	0	0	0	0	0	0	0
Sardines	0	0	0	0	0	0	0	0	0	0	0
Sausages (meat)	0	0	0	0	0	0	0	0	0	0	0
and a filled of	$\overline{)}$	$\cup$	$\cup$	$\cup$	$\cup$	$\cup$	$\cup$	$\cup$	$\overline{}$	$\overline{}$	

Savoury biscuits	$\circ$	0	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	0	0	$\circ$
Shellfish (other than prawns)	0	0	$\circ$	0	0	0	0	$\bigcirc$	0	0	0
Skimmed milk	0	0	0	$\circ$	0	0	0	0	0	0	0
Smoked fish	0	0	0	0	0	0	0	0	0	0	0
Soft cheese	0	0	0	0	0	0	0	0	0	0	0
Soy sauce	0	0	0	0	0	0	0	0	0	$\circ$	0
Soya milk	$\circ$	0	0	0	$\bigcirc$	0	$\bigcirc$	0	$\circ$	$\circ$	0
Spicy foods	$\circ$	0	0	$\bigcirc$	$\circ$	0	$\circ$	$\circ$	$\circ$	$\circ$	0
Spinach	$\circ$	0	0	$\bigcirc$	$\circ$	0	$\circ$	$\circ$	$\circ$	$\circ$	0
Spirits (e.g. vodka, gin, whisky etc.)	0	0	0	$\bigcirc$	0	0	0	0	0	0	0
Strawberries	$\bigcirc$	0	$\circ$	$\bigcirc$	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$
Sweet coffee house drinks (e.g. Mocha's, Frappucino's, flavoured Latte's)	0	0	0	0	0	0	0	0	0	0	0
Sweet foods	0	0	$\circ$	0	0	0	0	$\circ$	0	0	0
Taking the stairs	0	0	0	0	0	0	0	0	0	0	0
Tea with sugar	0	0	0	0	0	0	0	0	0	0	0
Tea without sugar	0	0	$\circ$	$\bigcirc$	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\circ$	$\circ$	0
Tomato ketchup	0	$\circ$	$\circ$	$\bigcirc$	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$
Tinned tuna		$\circ$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$	$\circ$
Turnip (white)		$\circ$	$\circ$	0	$\circ$	$\circ$	$\circ$	$\circ$	0	$\circ$	0
Vegetables	0	0	$\circ$	0	0	$\circ$	0	0	0	$\circ$	0
Vinegar	0	0	0	$\circ$	0	$\circ$	0	$\circ$	0	$\circ$	0
Watching television		0	$\circ$	$\bigcirc$	0	0	$\circ$	0	0	$\circ$	0
Whisky	0	0	0	0	0	0	0	0	0	0	0
White bread	0	0	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	$\bigcirc$	0	$\circ$	0
White rice	0	0	0	0	0	0	$\circ$	$\circ$		0	10
White wine	0	0	0	0	0	0	0	0	0	0	0
Whole grain breakfast cereal	0	0	0	0	0	0	0	0	0	0	0
Whole milk	0	0	0	0	0	0	0	0	0	0	0
Wholemeal bread	0	0	0	0	0	0	0	0	0	0	0
Working up a sweat	$\circ$	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	0	0

Please note that questionnaire items are randomised on a per participant basis to reduce the opportunity for bias being introduced into questions that may appear later in the questionnaire.